

Narooma High Athletics Carnival 2018

Narooma High School Athletics Carnival will be held on Tuesday 22nd May 2018, at Smyth Oval Narooma, officially beginning at 8.50am. Rolls will be marked at the oval at 8.55am.

Students who wish to contest the 800m event will need to be at the ground at 8.30am. This race will be run at 8.45am.

All buses will go directly to the oval to drop off students in the morning, and will pick up from the oval in the afternoon.

The school will operate the canteen at the oval, but it is suggested students bring their lunch, as no one will be allowed to leave the oval at lunchtime. Students are encouraged to wear their house colours and should also bring a hat, sunscreen and some wet weather gear.

House names and colours are as follows:

Rolls 1-5 Gulaga – Blue

Rolls 6-10 Corunna – Red

Rolls 11-15 Baranguba – Yellow

Rolls 16-20 Wagonga – Green

This is a normal school day and **all students** are expected to attend the carnival. In the event of wet weather please listen to the local radio stations and, if the carnival is cancelled, come to school prepared for normal lessons.

Program of Events

Rotation	Time	12 B/G	13 G	13 B	14 G	14 B	15 G	15 B	16 B/G	17 B/G
	8.45 competitors	800m only								
1	9.00-9.30	TJ	100	D	400	SP	200	J	HJ	LJ
2	9.30-10.00	CAN	TJ	100	D	400	SP	200	J	HJ
3	10.00-10.30	LJ	CAN	TJ	100	D	400	SP	200	J
4	10.30-11.00	HJ	LJ	CAN	TJ	100	D	400	SP	200
5	11.00-11.30	100	HJ	LJ	SP	TJ	J	D	400	CAN
6	11.30-12.00	200	J	HJ	LJ	CAN	TJ	100	D	400
	12.00 competitors	1500m only								

House Relays and Lunch Break

7	1.00-1.30	SP	200	J	HJ	LJ	CAN	TJ	100	D
8	1.30-2.00	400	SP	200	J	HJ	LJ	CAN	TJ	100
9	2.00-2.30	D	400	SP	200	J	HJ	LJ	CAN	TJ
10	2.30-3.00	JAV	D	400	CAN	200	100	R HJ	LJ	SP

KEY: SP Shot put HJ High jump D Discus
 CAN Canteen time J Javelin LJ Long jump
 TJ Triple Jump 100/200/400 Track events